#### Memory 830:303

#### Fall 2021

Instructor: Qiong Zhang

Instructor Email: qiong.z@rutgers.edu Course Modality: Online AR/SR mixed

Prerequisites: General Psychology or Principles of Psychology or Introduction to Psychology

Meeting Times (Zoom): Friday 11:00am to 12:20pm

Office Hours (Zoom): TBD

Teaching Assistant: Allyson Bazer Email: asb242@psych.rutgers.edu

NOTE: Any and all information contained in this syllabus is subject to change. Any changes will be announced in class and/or via email notification. Updates to the syllabus will also be posted on Canvas.

#### **Course Description**

Why do some things stick in our memories forever and other things seem to disappear seconds after we experience them? How do our brains organize and spontaneously retrieve memorie? What mental processes are involved when sometimes we see someone familiar but cannot recall their names? The field of human memory also has practical applications. For example, how much should we trust eyewitness testimony? Or, should you cram for tomorrow's exam or get a good rest instead?

To answer all these questions, this course will provide an introduction to the scientific study of human memory. We will examine a range of classic and cutting-edge experimental results and theories that form the foundation of our current understanding of how we learn and remember. Topics we will cover include recognition memory, memory search, association formation, memory disorders, memory applications, neural mechanisms of memory, as well as mnemonic techniques.

Every week there will be two short lecture videos uploaded by Monday. Each lecture will be organized around the major empirical paradigms used to study memory in the laboratory and the theories used to explain data obtained using those paradigms.

Each Friday there will be a synchronous session, focusing on walking through some concrete examples and exercises. Additionally, there will be in-class discussions through breakout sessions on zoom to further enhances students' understanding on the lecture material.

# **Learning Objectives**

By the end of the course, students will

- 1. leave this course with a solid grounding in our current understanding of how we learn and remember
- 2. learn to critically evaluate theories that describe how memory works and learn to build their own theories
- 3. be able to characterize major brain mechanisms of human memory encoding and retrieval
- 4. develop appreciation of how memory theories are applied, and acquire practical knowledge for improving skill acquisition and retention of meaningful material.

#### Textbook/Resources

The required textbook is Foundations of Human Memory by Michael Jacob Kahana (ISBN-13: 9780199387649; ISBN-10: 0199387648). The book is available at the University Bookstore. There are also online options. There will be optional or required readings from both science magazines and scholarly journals available as PDF files through the class website.

### **Coursework Requirements**

Every week there will be short lecture videos uploaded by Monday. Students are expected to complete viewing these videos and finish the corresponding reading materials BEFORE the synchronous session on Friday. Students are expected to arrive in the Friday class with ideas and questions to discuss.

There will be four assignments to complete. The students will need to digest class content in order to successfully complete the assignments. Discussion about assignment problems on Canvas is encouraged, but students need to write their solutions entirely on their own.

There will be an in-class mid-term exam and a final exam.

#### **Grade Evaluation**

Assignments 40% Mid-term exam 30% Final exam 30%

#### **Schedule of Classes and Readings**

Week 1 (9/3) Course introduction

#### Week 2 (9/10)

# Memory applications I: Classroom learning

spacing effect, practice effect, testing effect

- Foundations of Human Memory. Chapter 1.

# Memory applications II: Eyewitness testimony

suggestibility, simultaneous and sequential lineup

#### Week 3 (9/17)

# **Recognition memory (Assignment I released)**

Strength theory

- Foundations of Human Memory. Chapter 2.

# **Recognition memory**

Familiarity and recollection

- Foundations of Human Memory. Chapter 2.

#### Week 4 (9/24)

# **Recognition memory**

Sternberg's procedure

- Foundations of Human Memory. Chapter 2.

### **Recognition memory**

Processes of recognition memory

- Foundations of Human Memory. Chapter 2.

#### Week 5 (10/1)

#### **Associative memory**

Major associative tasks

- Foundations of Human Memory. Chapter 4.

#### **Associative memory**

Major associative tasks

- Foundations of Human Memory. Chapter 4.

#### Week 6 (10/8)

#### **Associative memory**

Retrieval errors, Interference theory

- Foundations of Human Memory. Chapter 4.

#### **Associative memory**

Processes of associative memory

- Foundations of Human Memory. Chapter 5.

#### Week 7 (10/15)

#### **Semantic memory**

# The role of semantic memory

Week 8 (10/22)

In-class midterm exam

Week 9 (10/29)

Free recall

Serial position effects, retrieval dynamics

- Foundations of Human Memory. Chapter 6.

#### Free recall

Semantic clustering

- Foundations of Human Memory. Chapter 6.

Week 10 (11/05)

Free recall

Intrusion and false recalls

- Foundations of Human Memory. Chapter 7.

#### Free recall

Processes of free recall

- Foundations of Human Memory. Chapter 7.

Week 11 (11/12)

Memory & the brain I.

Hippocampus and neocortex

# Memory & the brain II.

A case study of H.M. patient

Week 12 (11/19)

Adaptive memory I.

Human memory adapts to the environment

#### Adaptive memory II.

The functionality of memory bias

Thanksgiving break (11/26)

Week 13 (12/3)

Mnemonic techniques I.

Mnemonic techniques II.

#### Week 14 (12/10)

#### **Review**

Review for homework assignments and information on final exam

#### Final Exam/Paper Date and Time

Please find information about final exam date and time here:

http://finalexams.rutgers.edu/

# **Class policies**

Exams will be taken during class time. If you need to take a make-up exam, please provide sufficient evidence *before* the exam date to the TA. Late assignments will be accepted, but there will be a late penalty of 10% for every day it is late (ex. a 95 would be an 85 if one day late, a 75 if two days late, etc).

#### Grades

Final grades will be a percentage out of a total number of points (say if there are 400 total points and someone gets 365 points total, they get a 91% and therefore an A) calculated according to these guidelines:

A = 89.5-100

B+ = 84.5-89.49

B = 79.5-84.49

C+ = 74.5-79.49

C = 69.5-74.49

D = 59.5-69.49

F = 0-59.49

Participation is not a part of the final grade, but it is an opportunity for bonus points. Details are covered during the first synchronous class.

#### **Academic Integrity Policies**

Rutgers University regards acts of dishonesty (e.g. plagiarism, cheating on examinations, obtaining unfair advantage, and falsification of records and official documents) as serious offenses against the values of intellectual honesty.

Cheating on tests or plagiarizing materials in your papers deprives you of the educational benefits of preparing these materials appropriately. It is personally dishonest to cheat on a test or to hand in a paper based on unacknowledged words or ideas that someone else originated. It is also unfair, since it gives you an undeserved advantage over your fellow students who are graded on the basis of their own work.

In this class we will take cheating very seriously. All suspected cases of cheating and plagiarism will be automatically referred to the Office of Judicial Affairs, and we will recommend penalties appropriate to the gravity of the infraction. The university's policy on Academic Integrity is available at <a href="http://academicintegrity.rutgers.edu/academic-integrity-policy">http://academicintegrity.rutgers.edu/academic-integrity-policy</a>.

### **Self-Reporting Absence Application**

Students are expected to attend all classes; if you expect to miss one or two classes, please use the University absence reporting website https://sims.rutgers.edu/ssra/ to indicate the date and reason for your absence. An email is automatically sent to me. Please report before the class to avoid deduction of in-class attendance credits.

#### **Students with Disabilities**

Our community values diversity and seeks to promote meaningful access to educational opportunities for all students. If you believe that you need accommodations for a disability, please follow these procedures outlined at http://disabilityservices.rutgers.edu/request.html Since accommodations may require early planning and are not provided retroactively, please initiate this process as soon as possible.

#### **Student-Wellness Services**

### Just In Case Web App

http://codu.co/cee05e

Access helpful mental health information and resources for yourself or a friend in a mental health crisis on your smartphone or tablet and easily contact CAPS or RUPD.

#### Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ www.rhscaps.rutgers.edu/ CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

# Violence Prevention & Victim Assistance (VPVA)

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / www.vpva.rutgers.edu/ The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

#### **Disability Services**

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / https://ods.rutgers.edu/

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: https://ods.rutgers.edu/students/documentation-guidelines. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: https://ods.rutgers.edu/students/registration-form.